

Practice - Newsletter - August 2023

Topic of the month

“Treading the inner path with love and trust”



Our spiritual and psychological journey through the imagery of the Tarot and the astrological cycle of the year ends with this newsletter. The July newsletter already ended the mundane sequence of the Rider-Waite Tarot deck with the trump card "The Chariot", which we discussed in detail. August opens the next sequence with the trump card "Strength", which Pollack calls "The Turning Inward" (Rachel Pollack: "TAROT - 78 Stufen der Weisheit", p. 84 ff., 15th German edition 2019, IRIS bei Neue Erde GmbH). The card "Strength" is assigned to the astrological sign "Leo", which dominates August. On the historical drawing of the constellation Leo we see the masculine power of the sun as the emperor of the sign, on the tarot card the lion is ruled by a feminine figure. But at the end of our joint twelve-month journey through these pictorial worlds, let's first take a brief look at the twelve stations of this journey once again:

For the sake of completeness, the following list shows all 21 trump cards with their astrological assignment. In the context of this series, I have only dealt with the 12 trump cards that are assigned to one of the twelve signs of the zodiac, these I have highlighted in bold. I have not yet decided whether to open another series with the remaining 10 trump cards (I will gladly accept feedback on this). I started the current series in September 2022 with "The Hermit/Virgo", but actually it starts in April with "The Emperor /Aries". The numbers are those of the trump cards in the Tarot:

- 0 = The Fool (Uranus)
- 1 = The Magician (Mercury)
- 2 = The High Priestess (Moon)
- 3 = The Empress (Venus)
- 4 = **The Emperor (Aries)**

see newsletter April 2023

5 = The Hierophant (Taurus)	see newsletter May 2023
6 = The Lovers (Gemini)	see newsletter June 2023
7 = The Chariot (Cancer)	see newsletter July 2023
8 = Strength (Leo)	see newsletter August 2023
9 = The Hermit (Virgo)	see newsletter September 2022
10 = Wheel of Fortune (Jupiter)	
11 = Justice (Libra)	see newsletter October 2022
12 = The Hanged Man (Neptune)	
13 = Death (Scorpio)	see newsletter November 2022
14 = Temperance (Sagittarius)	see newsletter December 2022
15 = The Devil (Capricorn)	see newsletter January 2023
16 = The Tower (Mars)	
17 = The Star (Aquarius)	see newsletter February 2023
18 = The Moon (Pisces)	see newsletter March 2023
19 = The Sun (Sun)	
20 = Judgement (Pluto)	
21 = The World (Saturn)	

If you would like to read all the newsletters again in the order in which the Trump charts are arranged, i.e. starting with April, you can find them all here to read and download: <https://www.hpp-schuber.de/Menu-English/Newsletter>

So, the second series "turning inward" begins with the number 8, the strength, in the zodiac sign Leo. It leads us from the confrontation with the external world, which ended in July in the victory parade with the chariot, further on the path to our self. The card shows a woman taming a lion. This symbolism points to the energy of the unconscious pushing upward, becoming conscious and being fed to a conscious, higher understanding/ comprehension, that is, the power center just above the root of the nose (third eye, imagination) and just below the power center of will in the prefrontal cortex (frontal brain). This leads to relaxation, calming, the unconscious power is "tamed" by conscious understanding.

Of course, the trump card "Justice" could also be in this place as #8, and in some Tarot decks the arrangement is exactly like that and the strength is on #11, where in Rider-Waite Justice is arranged, see above. We would then look at what we have learned from dealing with the outer world and make a conscious, rational decision about how to proceed, what we want to keep of it and what we don't. Unfortunately, the way inward cannot be accomplished by the rational ego, because we have to confront the feelings and drives of the unconscious that were hidden from our consciousness, from our present world of thought. Transformation cannot happen through a completely rational process. If it were, we would have millions more enlightened people on this planet every January who have implemented the good resolutions they made on New Year's Eve through a rational decision and have transformed themselves in the blink of an eye.

This kind of thing only leads to a disciplined persona, which at best can be a useful mask for professional use, we discussed this in the July newsletter. These are the people who outwardly lead a bourgeois, disciplined life and only show their true colors behind closed doors. This has nothing to do with self-development, it's just acting.

In such a theatrical performance, hidden fears and desires continue to be "swept under the rug" and only behaviors found in self-help or psychology books are imitated. Suddenly, one appears spontaneous, open and open-hearted, but these attitudes are not genuine, it is only a trained behavioral repertoire.

For the turn inward, however, the will of the personal ego (the chariot) must recede and give space to the inner strength, so that we can confront ourselves calmly and without fear. Pollack writes: "The secrets can come to light now that we have the strength to face them. The lion signifies all the feelings, fears, desires and confusions that are suppressed by the ego in its attempt to control life. The charioteer used his feelings as a source of energy, but

he always made sure to direct the energy exactly where he wanted it to go according to his conscious decision. The strength allows the inner passions to emerge as a first step to go beyond the ego." (*Rachel Pollack: „TAROT - 78 Stufen der Weisheit“, p. 88, 15th German edition 2019, IRIS bei Neue Erde GmbH*)

In this respect, the strength as the opening card of the second row with the number 8 is exactly in the right place.

Sometimes we see people who allow themselves to do things in public, such as crying or shouting, which the others forbid themselves. This can be a first stirring of "strength". Like the proverbial Pandora's box, we then experience an opening towards the unconscious. Aren't we experiencing this socially right now? Since the beginning of 2020, so many irrational things have happened globally that could not have been imagined before, possibly a stirring of the collective unconscious. The reins are increasingly slipping away from the charioteers, Pandora's box is wide open. The only thing missing is the higher understanding that catches and tames these forces again. But this can sometimes take time. So maybe we are not only individually but also socially on the way to trump card No. 9, the hermit, which I presented in September 2022.

However, the trump card of strength opens Pandora's box with a sense of peace, with a great deal of love for life and great confidence in the expected outcome. For this we need the power center of faith (pineal gland, center of the brain, together with the pituitary gland forms the third eye), otherwise we will fall into despair and darkness in the face of the many revelations from the unconscious. We need the firm belief and conviction that at the end of the individuation process is the irrepressible joy, the unconditional love, otherwise we will not last. If we as a society no longer believe that we can overcome the division, we have already lost. Then we finally leave the field to the profiteers of fear.

We are helped by the energy quality of the zodiac sign Leo, which is ruled by the Sun. The Sun stands for clear understanding, a superior intellect, that is, good rationality, determination, purposefulness, enthusiasm, perseverance, courage, pride, everything that characterizes the animal king. Together with the female figure on the trump card "strength", the undertaking can succeed, because we need access to our perceptions, feelings and emotions, as well as the necessary devotion, so that the fire of the lion does not remain a flash in the pan and soon goes out. When we show our deepest feelings in love and trust, this requires great courage, so the feminine qualities of intuition and spontaneous expression of feelings are by no means a sign of weakness. To tame the unconscious forces, Anima, the feminine part, and Animus, the masculine part, must work together, but ultimately it is the feminine part that tames the forces, with her love, trust and gentle determination. Above the head of the female figure on this card we see a lying eight. It symbolizes marriage, union, balance and infinity. Without the inner marriage of Anima and Animus, we cannot move forward on the path within.

The zodiac sign Leo is described as generous and just, powerful, creative and self-contained, charismatic and serene. These are exactly the qualities we need. Outwardly, the Leo roars audibly far and wide, but inside it is a purring pussycat, loyal and kind in contact with its loved ones, as long as you do not irritate it! Leo knows his qualities, he has no need to pretend, "take me as I am, or leave it!" Passionate and willing to take risks, he tackles things, his dedication knows no bounds. As a result, you'll often find him in the executive suites of the world. Of course, he also overplays the one or other insecurity with his lion posturing, but he does it so charmingly that you have to love him, most of the time at least! Very unreflective Leo-borns can appear domineering, arrogant, unconcerned and stubborn, if it were up to her or him, they would have no weaknesses, it is very difficult for them to talk about it. It is better to prepare very well for discussions with them, they are headstrong, direct and do not mince words.

As uncomfortable as it can be sometimes, you need "balls" to face the forces of the unconscious, regardless of the outer gender, and that's why the time quality of Leo is assigned to

the Tarot card "Strength". Prominent Leo-born people are often physically very attractive to irresistible, they have the world at their feet, such as Hollywood actresses Jennifer Lopez and Sandra Bullock, multi-talented Arnold Schwarzenegger, the rebellious Duchess Meghan, tennis idol Roger Federer, pop icon Madonna, Harry Potter actor Daniel Radcliffe, former U.S. President Barack Obama and many celebrities more.

Note on the trump card "Strength" the flower belt of the female figure: one bow embraces the waist of the woman, the other the neck of the lion, to reinforce the image of unity. The card is often interpreted as a symbol of the union of magician and empress. The conscious, directed power of the magician blends with the sensuality of the empress, opening us to intuition and thus paving the way to the hermit. We should also not forget the aspect of sexual power that is implied here. In the Tantric traditions, sexual power is used consciously on the path to enlightenment, and the esotericists see the trump card of strength as the actual practice of sexual magic. But on closer examination, this is still an initial stage; after all, the lion is still controlled, so the force is not yet allowed to lead the self where it wants to go. For the further path of initiation, we therefore need the hermit on the mountain top, who further illuminates the unconscious areas with his lamp.

Let us simply realize that the lion, which stands for our unconscious forces, is not a beast that wants to harm us, as Sigmund Freud once tried to make C.G. Jung believe when he warned him about the occult forces of the unconscious. Directed with love and trust, our passions and urges lead us not to ruin, but to paradise. Then the serpent becomes the heroine, and the Fall becomes liberation.

Dates, important and current events:

- **Please note changed mobile phone number and bank details for Psychotherapeutic Healing Practice Jörg Schuber:**
 - New mobile phone number: +4917666378494
 - New bank details: Jörg Schuber, Deutsche Apotheker- und Ärztebank eG, IBAN: DE33 3006 0601 0021 0055 93, BIC: DAAEEDDXXX
 - **Vacation: JUL 28 - AUG 13, 2023 (both practices closed)**
 - **Elke's date preview:**
AUG 26, 2023: Summer special: One-day seminar in the garden - Topic: Self-worth.
AUG 30, 2023: Meeting Point - Pleasant meeting with laughter and self-knowledge for people with cancer
 - **Save the Dates:**
SEP 01, 2023: Online meditation
SEP 07, 2023: Introduction to a short healing fast to "reset" the body.
SEP 21, 2023: Cycle of the year-festival for the autumnal equinox: Topic: Sharing Wealth
- For more information, please contact Elke: naturheilpraxis.tegel@gmail.com**
- **At irregular intervals on Sundays from 15:00 - 18:00 we organize a spiritual devotion, i.e. common prayer and singing, Bible text with metaphysical interpretation, joint meditation. Next date: 15 OCT 2023.**

For August, I wish you the heart and courage of the lion to face the necessary confrontations on the way to your true self.

Yours Joerg Schuber



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