

# RUHPOLDINGER REIB'N

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RUHPOLDING

Radlwege

## "Reib'n" is Bavarian for "circuit" in the singular and plural.

What a good name for a tour like the Ruhpolding Reib'n, a grand tour made up of easily divisible sections.

The individual tours described here can be combined into longer tours, culminating in the "Große Ruhpolding Reib'n"- the grand tour that combines all the little tours in one big circuit.

## Tour outline

Over 85 km long and with a total of 2,200 metres in altitude difference, this tour is a real challenge for all who are physically fit enough to tackle it.

But even if taken in parts, this tour is a great experience. The trail leads through alpine passes and meadows, through gorges and side valleys, past idyllic mountain lakes and many sightseeing attractions.

The route keeps off main roads wherever possible, and also avoids very narrow paths and pathless stretches. Occasionally the tour will go along a quiet road for a short distance, but mainly it leads along broad woodland and forest paths.

Perhaps parts of the tour will already be familiar to you from other Ruhpolding circuits, such as the **Chiemgauer**, or the **Mozart** and the **Traun-Alz** tours.

## Signposting

Where the "Reib'n" does merge with one of the other routes, you can just follow the signposts of these routes. As signposts are positioned at all important crossroads and turns that clearly direct you to the next stop on the tour, additional signposting was not deemed necessary. Of course a good map always comes in handy, especially if you have gone astray and want to find the quickest way to get back on track.

Local bookstores and the Tourist Information Centre will be happy to offer their advice in choosing the right map.

## Facts and figures

	Distance (km)				Altitude Difference (total in m.)				Tour description
	Start	Reib'n	Return	Total	Start	Reib'n	Return	Total	
Gurnwand-Reib'n	4,1	18,4	9,4	<b>31,9</b>	48	260	25	<b>333</b>	Easy to intermediate
Eschmoos-Reib'n	9,4	6,5	13,1	<b>29,0</b>	218	290	25	<b>533</b>	Intermediate to demanding
Hochfelln-Reib'n	13,1	6,1	10,4	<b>29,6</b>	422	366	55	<b>843</b>	Demanding to very demanding
Kloster-Reib'n	10,4	7,0	3,4	<b>20,8</b>	296	135	39	<b>470</b>	Intermediate to demanding
Trauntal-Reib'n	3,4	3,3	4,4	<b>11,1</b>	187	39	41	<b>267</b>	Easy to intermediate
Zinnkopf-Reib'n	4,4	13,9	3,4	<b>21,7</b>	-6	484	0	<b>478</b>	Easy to intermediate
Rauschberg-Reib'n	3,4	24,5	4,1	<b>32,0</b>	144	613	0	<b>757</b>	Demanding to very demanding
Grand Reib'n Tour	86 km ..... 105 km				2150 m ..... 2635 m				

If several parts of the route are combined, add the start, the sum of the parts and the return route to calculate the total distance.



## Gurnwand-Reib'n

Eggbrücke, Allinger Stube, 3-Seen-Gebiet, Seegatterl, Röhelmoosalm, Brand, Eggbrücke

**Start:** From the **Eggbrücke** car park, follow the signs that say "Ruhpolding Radlwege Staubfalltour" via Fuchsau, Fritz am Sand, Laubau, to **Allinger Stube**.

**The Reib'n Tour:** From Allinger Stube on the "Chiemgau" trail over the Fischbachbrücke, then stop almost immediately on your left, and continue the gradual ascent via Fuchswiese (Junction »Staubfalltour«), the Biathlon-Centre/ski jump complex to Seehaus (with the crystal clear lake Förschensee to your left). Follow the short cut to the **3-Seen-Gebiet (3-lakes area)**. From the Mittersee car park, the trail ascends gradually then somewhat more steeply to the Dürrfeldkreuz [828m] (height of the pass, view of the Weitsee), and down to **Seegatterl** (the »Chiemgau Radweg« goes straight ahead to Reit im Winkl). When the trail leads you to the main road, cross it and keeping on the cycle lane next to the road, follow it back to Weitsee. At the end of the lane (nearly at the end of lake Weitsee), turn left into the Wappbachtal valley (Path No. 45). The trail follows a little stream and gradually ascends (impressive: the rocky walls of the Gurnwandkopf on the right) to the high moors of the **Röhelmoosalm**. Follow the trail to the fork at the Röhelmoosklause [873 m]. There are two mountain meadows here with alpine huts offering refreshments during the pasturing season.

**Return:** From the wayside cross towards Ruhpolding via Klausbrücke, Urschlau to **Brand**. Follow the Teerstraße to the Mühlbauernhof Inn. Turn right, and then left again a few metres later along the »Ruhpolding Sagenweg« to the **Eggbrücke** carpark.



## Kloster-Reib'n

Eggbrücke, Blicken, Steinbergalm, Bründlingalm, Maria Eck, Eisenärzt, Neustadl, Lohen, Eggbrücke

**Start:** From **Eggbrücke** carpark follow the »Ruhpolding Radlwege - Rund ums Dorf« signs, until you cross the main road to Traunstein at the petrol station. Shortly after the Steinbach Hotel, the »village circuit« leads up to Oberschwendt. But keep to the broad Maierschwendter Strasse until, in the district of **Blicken**, you reach the clearly visible turnoff leading to the **Steinbergalm** (signposted). Go up to the guesthouse Berggasthof **Steinbergalm** [1003 m] (fee for carpark) and on in the direction of **Bründlingalm**. Just before you reach the **Bründlingalm** you almost double-back to the right and the trail leads down to a fork.

**The Reib'n Tour:** At the **Bergen/Bründlingalm/Maria Eck** fork [906 m] first keep following the signs to **Maria Eck** which climbs gently all the way. Once at the top, there is a long, moderately steep descent to below the Hammerberg mountain and from there the trail rises again slightly and finally descends to a place of pilgrimage, the **Kloster Maria Eck** [840 m] (Germany's geographically highest monastery, monastery inn and church of pilgrimage with a wonderful view of the foothills of the Alps and the Chiemsee).

**Return:** Across **Maria Eck** carpark and down the asphalt road. Shortly before the end of the descent (before the stables) turn right and keep right at the next junction too. There is then a steep descent to the »Steinzeitdorf« (Stone Age village) at the Diesselbachstube. Follow the sign to »Ruhpolding« up a short hill after which the trail levels out through the woods, until it merges with a broad forest road. Follow this down to **Neustadl** and then take the bike path in the direction of Ruhpolding. About 300m after Lohen turn left sharply down the meadow path and follow a slight zig-zag route which leads straight ahead to the railway level crossing at Bibelöd. Turn right behind the level crossing and follow the River Traun to **Eggbrücke** carpark.



## Eschmoos-Reib'n

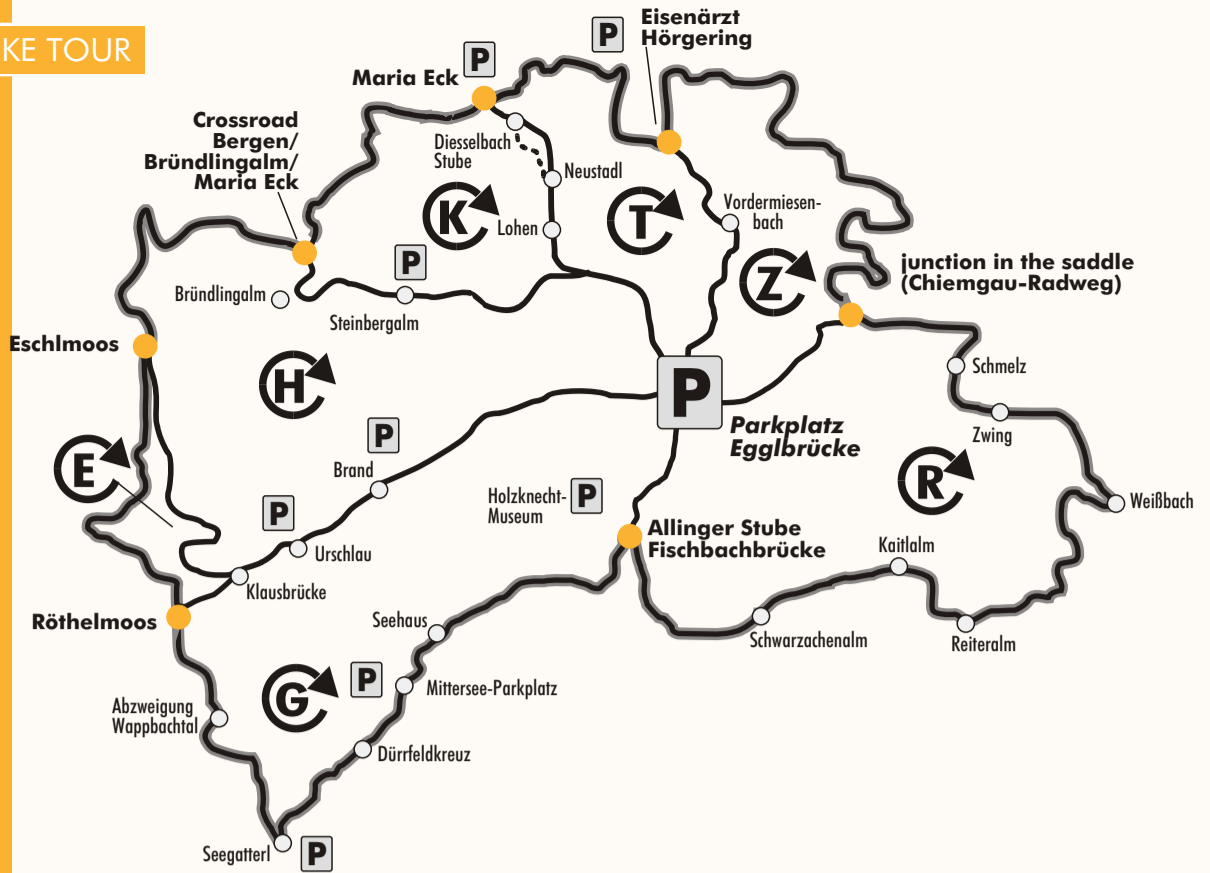
Eggbrücke, Gstatt, Brand, Röhelmoosalm, Eschmoos, Eggbrücke

**Start:** From **Eggbrücke** carpark, follow the »Ruhpolding Radlwege - Röhelmoosrunde« signs via **Gstatt**, Märchenpark, **Brand**, Klausbrücke (bottom of the Teerstraße), turn left over the bridge and up to the wayside cross by the **Röhelmoosklause** (at the end of the ascent, view far into the Röhelmoos gorge with waterfall).

**The Reib'n Tour:** (Route marked with »Chiemgau Radmarathon« signposts). From the wayside cross by the **Röhelmoosklause** [873 m] (Klause = dam wall from the time of the logging drift - now disused), follow Path no. 57 on a medium to steep climb. Cross the Weissgraben and go downhill again and continue more or less on a level until the Forststraße forks to the **Eschmoos-Holzstube**. Carry on straight ahead and after another steep climb, you reach the highest point of the circuit at over 1,100 m above sea level. Now it's downhill all the way to the alpine pastures of **Eschmoos** [1077 m] (Hochfelln to the right, Hochgern to the left).

**Return:** Follow the »Chiemgauer Radmarathon« signs via Längau and down to Klausbrücke (impressive view down into the Eschmoos gorge on the right). Then, as in approaching from Röhelmoos, proceed via Urschlau to **Brand**. Follow the asphalt road to the Mühlbauernhof Inn. Turn right and a few metres further on, turn left into the "Ruhpolding Sagenweg", which you follow back to **Eggbrücke** carpark.

## MAP of the BIKE TOUR



### Zinnkopf-Reib'n

Egglbrücke, Vordermiesenbach, Hörgering, Klausgraben, Egglbrücke

**Start:** From **Egglbrücke** carpark back to the Zeller Strasse and cross the River Traun over Egglbrücke bridge. (From here there are the signposts of the »Traun-Alz-Radweg«). Through **Vordermiesenbach** along the River Traun until the trail merges with the road Hörgeringer Strasse in the Eisenärzt district of **Hörgering** [649 m] at the traffic sign »Vorfahrt achten«.

**The Reib'n Tour:** (Route signposted with »Chiemgau Radmarathon«/»Siegdsorfer Zinnkopfrunde« signs). Before **Hörgering** keep following the »Chiemgau Radmarathon«/»Siegdsorfer Zinnkopfrunde« signs. The trail keeps rising and falling around the Zinnkopf and Sulzberg mountains. After a short, steep descent you reach the fork at the saddle (Trail merges with »Chiemgau Radmarathon«)

**Return:** (»Chiemgau Radweg« signs along the route up to the River Traun). At the fork turn right in the direction of Ruhpolding. Keep following the trail to the end of the valley. Cross the Ruhpolding-Inzell road and slightly further left follow the Windbach stream up to the River Traun bridge. Go right after the bridge and back along the River Traun to **Egglbrücke** carpark.



### Hochfelln-Reib'n

Egglbrücke, Brand, Eschlmoos, Gleichenbergalm, Bründlingalm, Steinbergalm, Egglbrücke

**Start:** From **Egglbrücke** carpark follow the »Ruhpoldinger Radwege - Röthelmoosrunde« signs through Gstatt, Märchenpark, **Brand**, Klausbrücke (bottom of the Teerstraße road). Keep to the right here and up a long drawn-out climb to the Längauer alpine pastures. Now the trail levels out to the **Eschlmoos**-Holzstube hut and then leads right, up to the pasture land.

**The Reib'n Tour:** From **Eschlmoos** [1077 m] (Hochfelln to the right, Hochgern to the left), some pretty daring paths take you very steeply down to the valley of the Weiße Ache. Here the trail evens out again, where you will see the signpost »Wasserfall« (Waterfall - worth seeing, only a few metres from the trail). After a short, moderately steep descent you will see the valley station of the goods lift of Hochfelln guesthouse on your right. Immediately behind it is a clearly visible crossing at the Bachbrücke bridge. After the bridge, there is again a moderately steep but steady rise up to the saddle of the **Gleichenbergalm** (open for business during the pasture season). Then go straight ahead down into the valley of the Schwarze Ache. After passing under the Hochfelln cable car you reach a fork at the riverbed of the Schwarze Ache (left down the hill: Bergen, Chiemgau-Radmarathon). You keep semi-right and after an approx. 500 m ascent reach the **Bergen/Bründlingalm/Maria Eck** [906 m] fork.

**Return:** After the fork, you first follow a short, sharp rise to the junction just before **Bründlingalm**. Here you almost double-back to the left and go on to the guesthouse Berggasthaus **Steinbergalm**. Down to the Maiergschwendter Straße past the guesthouse Landgasthof Maiergschwendt and after a short stretch the trail plunges steeply downhill to Brander Straße. Here you follow the signs to the town centre (»Ortsmitte«) until you reach the guesthouse Gasthof Mühlbauernhof. Turn right here and after a few metres, turn left again onto the »Ruhpoldinger Sagenweg«. Follow this until you reach **Egglbrücke** carpark.



### Trauntal-Reib'n

Egglbrücke, Lohen, Neustadt, Eisenärzt, Maria Eck, Hörgering, Vordermiesenbach, Egglbrücke

**Start:** From **Egglbrücke** carpark follow the »Ruhpoldinger Radwege - Rund ums Dorf« signs to the district of Wiesen. After crossing the Steinbachbrücke bridge, do not turn sharp left as the »Dorfrunde« signs indicate, but carry on straight ahead through the meadow to the cycle lane alongside the road leading to Siegsdorf/Traunstein. Turn right and follow the cycle lane on to **Lohen**, **Neustadt** until you reach the town sign of **Eisenärzt**. Turn left behind the bridge and gently climb to the Diesselbachstube. Follow the sign to »Maria Eck« up a steep ascent to Scharam. Cross the pilgrim's path to the houses. Here the trail almost doubles back towards **Maria Eck**. Shortly before reaching **Maria Eck** it leads back to the asphalt road and across the carpark to the church.

**The Reib'n Tour:** (Route signposted as »Chiemgauer Radmarathon«). From the **Maria Eck** monastery [842 m], go along the carpark heading north, and follow the road for a little longer until you reach the »Lindenhof« where the lanes divide. After the traffic island, turn right into the Scharamweg, and follow the course of this quiet road. The trail then goes steeply down into the valley, across the railtracks and the River Traun. Cross the Staatsstrasse and turn into the Hörgeringer Strasse a little further along. The trail leads along this road and past the Haus der Vereine, then up to the district of **Hörgering** [649 m].

**Return:** The whole return route is marked with the »Trauntal-Alz-Radweg« signs. A slight bend to the left takes you off the marathon course to follow the »Trauntal-Alz-Radweg« signs back to **Egglbrücke** carpark via **Vordermiesenbach**.



### Rauschberg-Reib'n

Egglbrücke, Ortnerbrücke, Golfplatz, Infangtal, Inzell, Weißbach, Reiteralm, Kaitlalm, Allinger Stube, Egglbrücke

**Start:** The tour starts off like the »Staubfall-Tour« up to **Ortnerbrücke** bridge in the district of Fuchsau. Continue over the bridge and follow the »Chiemgau-Radweg« towards **Inzell**. The trail then follows the Windbach stream past the **golf course** and into the Infangtal valley. Turn right at the Holzstube and go up to the saddle. At the end of the saddle, still on the plain, the trail forks.

**The Reib'n Tour:** (Route marked with »Chiemgauer Radmarathon« signposts). From the fork on the saddle [799 m] you follow the »Chiemgau-Radweg« signs down to the district of Oberhausen (Froschsee). Turn left at the junction and follow the asphalt road until you reach the Schmelzer Straße. Turn right and go up to the guesthouse Gasthof Schmelz. At the bend in the road behind the guesthouse, the trail leads straight ahead and takes you under the main road to Gasthof Zwing, along a short stretch of the Alpenstraße and on to **Weißbach**. Just before you reach town, turn right and follow the »Reiteralm« and »Chiemgau-Radmarathon« signs that take you up to the **Reiteralm** (food served in the pasturing season). Just before you get to the alpine hut, the trail almost double backs. A short, sharp ascent is followed by a downhill stretch where the trail forks at the Sulzenstüb'n. Do not follow the »Chiemgau-Radmarathon« signs to the valley here, but turn left and up a gradual ascent. After crossing a little bridge over a brook (waterfall just a few metres downstream), the trail goes round a hairpin bend and forks again. Keeping semi-right, follow the course to Kaitlalm (food and drink served). The trail then leads steeply down to the Schwarzachenalm and courses slowly and steadily down to the **Allinger Holzstube** [703 m].

**Return:** From the **Allinger Stube** follow the »Ruhpoldinger Radwege« signs to **Egglbrücke** carpark.

## Altitude Profile

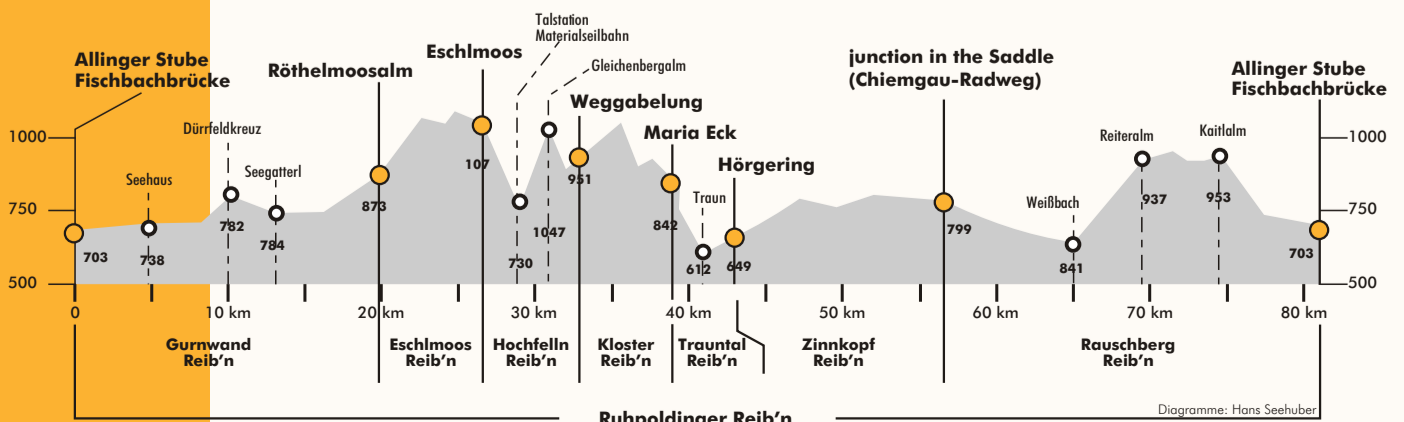


Diagramm: Hans Seehuber