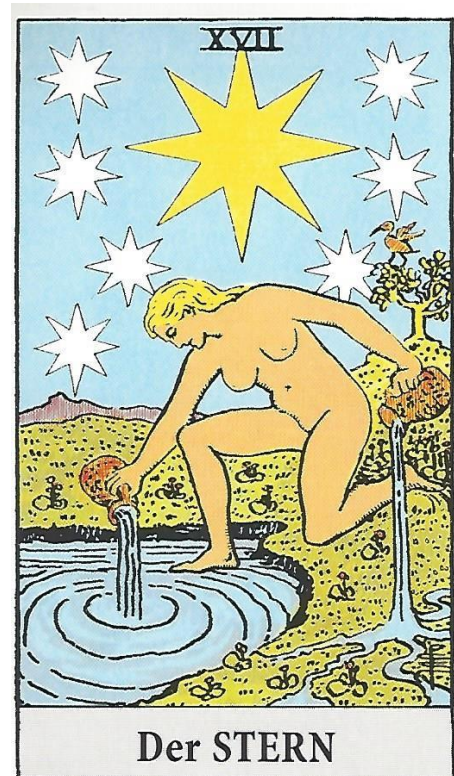


## Practice - Newsletter - February 2023

### Topic of the month

### The calm after the storm - Aquarius and star



Since July 2022, I have featured a Tarot card in my monthly newsletter and discussed it in more detail in the context of time with that month and the astrological sign that dominates that month. According to the German version of Wikipedia, the Tarot is "a set of 78 playing cards used for psychological purposes or as divination cards." (<https://de.wikipedia.org/wiki/Tarot>). We are rather not devoted to fortune telling here, but we are devoted to the psychological wisdom these cards contain. We deal with 12 of 22 cards from the main part of the Tarot deck, the so-called "great arcana", i.e. trump cards. February is dominated by the astrological sign of Aquarius, although this has not corresponded to the astronomical constellation for a long time. But millions of people who saw the light of day in this period assign themselves to this zodiac sign and therefore it is an existing energy that we may deal with. The correspondence of the astrological sign with the assigned Tarot card of the star can be seen at first sight, as the above illustrations show.

Historically, Aquarius was always represented by a man pouring out water. The representation as a Poseidon- or Neptune-like figure appeared much later. The tarot card "The Star" represents a female figure pouring out water. Together with Aquarius, this results in a peaceful and harmonious polarity, which fits well with the friendly, helpful and sociable Aquarius, who is ruled by Uranus with his own bisexuality. At least, this is how astrology characterizes

the typical representatives of this zodiac sign. Thus, "water women" often have masculine features, such as broad shoulders, and "water men" often have feminine features, such as broad hips. Their profiles are in many cases noble and reminiscent of Roman emperors or Greek gods. People born in Aquarius not infrequently have spiritual inclinations, so it is said, they like to get involved and go far, also for social causes, they tend to rebel and get their way, probably have a great need for freedom and independence, therefore do not like to bind themselves so much, because they have lofty plans and high ambitions. However, Aquarians can allegedly also become uncomfortable at times if things don't go their way. They seem to be real individualists and truly original and creative people who gather under this sign. In spiritual astrology, the water that Aquarius pours out is called the "water of the spirit". It is the only sign of the zodiac that is symbolized by a human being. Spiritual astrology, therefore, speaks of the "perfect man" and sees this sign as sacred and special.

The much invoked "Age of Aquarius", which according to a popular esoteric theory is said to have dawned since the middle of the last century, also refers to this constellation/symbol. People with a special aura are brought forth by this sign, it is said. In fact, here we find big names and real "stars" in the celebrity sky, which brings us back to our Tarot card: Andrea Berg, Oprah Winfrey, Justin Timberlake, Shakira, Joachim "Jogi" Löw, Cristiano Ronaldo, Dieter Bohlen, Jennifer Aniston, Robbie Williams, Paris Hilton - the glamour list is long and sonorous. This also applies to historical figures such as the English statesman Francis Bacon, the two U.S. presidents Abraham Lincoln and Franklin D. Roosevelt, the naturalist Charles Darwin, the German statesmen Friedrich (II) the Great, Theodor Heuss, Ludwig Erhard and Friedrich Ebert, the classical composers Wolfgang Amadeus Mozart and Franz Schubert, the super tenor Mario Lanza, the exceptional actors Clark Gable, Jack Lemmon and Paul Newman, the French painter Édouard Manet, the fashion czar Christian Dior, the writers Charles Dickens and E. T. A. Hoffmann, aviation pioneer Charles Lindbergh, and epochal inventors Thomas Edison and James Watt. This sounds like a "Who's Who" of personalities who have changed the world. They have indeed poured out their spirit on mankind and made history.

The Tarot card "The Star" is the trump card number 17. According to the ancient science of numerology, this is an extension of the seven with which we started in July, the card "The Chariot" that is. The Star now liberates the life force that the "Chariot" wants to direct and control. Adding One and Seven together brings us to Eight, the card "Strength", which we discussed in August. The "Star" now raises the "Strength" to a higher level. The central motif of the card "The Strength", the lion (libidinal impulses from the "id"), is now not simply tamed, but transformed by the star into light and joy. After the "Strength" we went into seclusion and introspection with the "Hermit", traced the law of cause and effect with the "Justice", let everything die with the "Death" that we no longer wanted in life, then connected real life with the depths of the unconscious with the "Temperance", brought light into our world, awakened our intuition and finally freed ourselves in January with the "Devil" from our materialistic attitudes to awaken true spirituality. Now the "star" brings us inner peace and a little calm after the storm of development, expressing "hope, a sense of healing and wholeness" (*Rachel Pollack: "TAROT - 78 Stufen der Weisheit", p. 147, 15th German edition 2019, IRIS at Neue Erde GmbH*).

Like the figure on the card "Temperance", the figure on the card "The Star" also spills water. However, the figure of Temperance always pours the water back and forth between two jugs, mixing it but controlling it very strongly by not losing anything. The girl on the star card pours everything away without a care and trusts in the infinite abundance of life, which renews itself again and again. In contrast to temperance, the star is free, naked and unconcerned, flexible and relaxed. The angel of temperance is demurely clothed and stands stiffly. Moreover, the angel of temperance stands with one foot in the water, still dealing with emotions. The star girl, like Jesus, stands with one foot on the water, so she has achieved mastery over the emotions.

The star girl also has free access to the unconscious, it is no longer hidden from her. The unconscious is symbolized on the card by the small basin of water, and the star girl carelessly pours her own spirit, her life energy, into the inner realms of her unconscious as well as into

the reality of outer life, symbolized by the earth on which the other foot rests. Here the connection of the unconscious with real life, which began with temperance, is carried toward completion and further developed, especially as some of the water poured on the earth flows back into the pool of water, emphasizing the cycle and unity of everything. C. G. Jung has described this as the individuation path: the steadily increasing integration of unconscious contents into consciousness, which, according to Eastern religion and philosophy, finally leads to the complete transformation of darkness into light, the transformation of the immensity hidden in the unconscious into the ecstatic consciousness of the super-conscious.

So this is the quality of time that February makes available to us, even those not born under the sign of Aquarius: Let's trust in the fullness of life and share our insights and wisdom freely with the world. It is a time to show up, to drive out the old ghosts, to follow one's inspirations and to shape one's world. The carnival time, which is coming now, supports this quality of time and gives freedom to reinvent oneself.

Now, what is still missing is the immersion into the unconscious, into which the time of fasting, which follows the carnival time, leads us. The Star Girl has stirred the unconscious, but the foot remains above the water's surface. The emotions have been mastered, the light and all the stars in the firmament shine brightly, but another journey through the scary and fearful realms of the unconscious still lies ahead. More on that in next month's newsletter. So, the water women and men are in for another swim with the fishes that dominate March, let yourself be surprised.

Above the left shoulder of the star girl, on the right side of the card, sits on a tree an ibis, which one almost overlooks, looks closely. This bird symbolizes the Egyptian god Toth, who in turn was considered the inventor of all arts and is said to have taught the first artists their techniques. It makes sense to use a bird as a symbol for this, because all art is a manifestation of unformed air energy, flashes of inspiration and ideas that swirl around the artist are captured by him and formed into the creative process. From this come poems and stories, paintings, sculptures, operas and symphonies, states, films, steam engines and light bulbs, as we can see from the list of great Aquarians. These creations are the streams of water that the Star Girl pours out of her jugs and the Ibis gave her the inspiration. Mozart's inspiration never exhausted itself, no matter how much of it he put down on paper, new inspiration followed, he could pour out his spirit unconcerned as long as he was in touch with his inner sources. Just as the river returns to its source through the water cycle, each work gives new inspiration to its creator.

Another indication of the unity of spirit and matter are the eight-pointed stars on this card. Everyone can prove this to himself. Take two square pieces of paper from your desk, put them on top of each other and turn them against each other until you get an eight-pointed star. Then take a pencil and draw a continuous line below the points. You will get a circle. The square represents matter, the circle represents spirit, the star unites both and we humans are exactly in the middle between spirit and matter. Through our ability to transform the world of spirit, ideas and inspirations into physical action, we become instruments and connectors between the worlds. So, contrary to what the churches with their guilt-ridden morality wanted people to believe for centuries, we do not have to choose between our libido and our reason, but mediate between them, make peace, settle the old conflict and put the libido at the service of higher reason.

The star is a card of inner peace, an enlightened stopover that gives us peace, hope and confidence. The card shows no road, no path. Forgetting herself, the star girl pours out her jars, which never become empty. So it is the calm after the last and before the next storm. But that can wait for the moment. Let us allow ourselves this meditation of abundance and peace and draw strength for the further journey.

## Dates, important and current events:

### ➤ Elke's date preview:

03 FEB 2023: online meditation (at 8:00 p.m.)

09 FEB 2023: Start of annual seminar "Love of Life"

17 FEB 2023: Seminar "Medicinal herbs to the annual cycle festivals" (at 6:30 p.m.)

22 FEB 2023: Meeting place: holistic self-help with cancer (at 4.30 p.m.)

For more information, please contact Elke: [naturheilpraxis.tegel@gmail.com](mailto:naturheilpraxis.tegel@gmail.com)

- **At irregular intervals** we organize a spiritual devotion on Sundays from 3:00 - 6:00 p.m, i.e. common prayer and singing, Bible text with metaphysical interpretation, common meditation. For the first appointment on 15 JAN 2023, ten friends showed up, so the room was full, the mood was great and filled with lots of inspiration, good humor and delicious cake, everyone went home shortly before 6 pm. A successful Sunday afternoon that calls for repeats! **The next dates: 19 MAR 2023, 16 JULY 2023, 15 OCT 2023.**

I wish you a bright star in the sky for February, inner peace and a wonderful winter time!

Yours Joerg Schuber



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